

# Foster's Lunch

## Appetizers

**New England Clam Chowder** Rich and creamy, loaded with clams, potatoes and onions. Bowl 5.99, Cup 3.99


 **Baked Onion & Wild Mushroom Soup**  
Topped with garlic croutons and Swiss cheese. 6.99

**Soup of the Day** Chef's whim! Bowl 3.99, Cup 2.99

**Chicken Nachos** Grilled chicken, tomatoes, black beans, scallions, sour cream, black olives, jalapeños, guacamole & Common Man salsa. 9.99  
Lose the chicken. 6.99

 **House-made Potato Chips** Fried to crisp perfection and served with a warm bleu cheese fondue. 7.99


**Chicken Tenders** Crispy fried, tossed with your choice of buffalo, barbeque, sweet chili or teriyaki sauces, served with celery and carrot sticks. 6.99

 **Butternut Ravioli** Tossed with brown butter sage sauce and diced tomatoes. 6.99

**Foster's Crab Fritters** Our own crab fritters fried to golden perfection and served with lemon aioli. 7.99


**Camp Crackers** The best sharing thing ever! Mozzarella and Gorgonzola topped flatbread with a touch of garlic and scallions. Baked til crispy. 5.99

 **Fried Smelt** Crispy fried fish "fingers" with citrus dipping sauce. 9.99


 **Poutine Fries** They made these famous north'o the border, but we've made 'em better!  
Our crisp fries topped with loads of gravy and mozzarella cheese. 6.99

## Salads

**Caesar** Crisp romaine, garlic croutons, shredded Parmesan and our homemade dressing, with or without anchovies. 5.99

 **BLT Steakhouse Wedge** Crisp iceberg wedge topped with bacon, cherry tomatoes and green onions.  
Peppercorn dressing. 6.99

**Garden Salad** Mixed field greens, carrots, cucumbers, tomatoes and red onions, tossed with croutons and balsamic vinaigrette. 4.99


 **Apple Walnut Salad** Mixed greens tossed with raisins, red peppers, green apples, candied walnuts and Gorgonzola cheese. Cider vinaigrette. 6.99

To compliment your fresh salad...



Grilled Chicken 3.99 ★ Grilled Salmon 6.99  
Sirloin Tips 6.99 ★ Veggie Burger 3.99

## Foster's Favorites

Served with our fresh vegetable of the day and choice of fries or rice.

**Steak Tips** Char-grilled, ginger lime glaze. 13.99  
 Zinfandel

**Foster's Steak** Char-grilled, garlic herb butter. 15.99  
 Cabernet Sauvignon

 **Foster's Beef Goulosh** A hearty stew of tender slow-braised beef with onions, red pepper, carrots and potatoes. Garlic crostini. 13.99  Merlot or Red Blend


**Pan-Roasted Salmon** Brødrene Karlsen farm raised salmon dusted with our special seasonings. 15.99  
 Riesling

**Herb-Roasted Chicken** Roasted to perfection and served with braised red cabbage. 13.99  
 Chardonnay

 **Butternut Ravioli** Tossed with brown butter sage sauce and diced tomatoes. 14.99  Riesling or Chardonnay


## Sandwiches

Served with French fries and a pickle.

 **Prime Rib Sandwich** Thin-sliced prime rib topped with caramelized onions, mushrooms and bleu cheese butter. 10.99

**Chicken Melt** Bacon, mozzarella, caramelized onion, lemon basil aioli on grilled flatbread. 8.99

**BLT Panini** Crisp bacon, lettuce, tomato, pepper jack cheese and mayonnaise on grilled flatbread. 7.99

 **Reuben Panini** Shaved corned beef, sauerkraut, Swiss cheese and Thousand Island dressing on grilled country bread. 8.99

**Tuna Melt** Albacore tuna salad on grilled Parmesan bread with tomato and Swiss. 8.99

## Signature Burgers

Our special select ground beef is grass fed and raised naturally using no antibiotics or growth hormones.  
Served with French fries and a pickle.


**Boiler Room Burger** With lettuce and tomato. 7.99 Add bacon or cheese .99 ea.

 **Steakhouse Burger** Topped with bacon, Cheddar, caramelized onions and homemade steak sauce. 9.99

**Our own "C-Man Made" Veggie Burger**  
It's healthy and great tasting! (Nuts) With lettuce, tomato, lemon chive aioli on multi-grain bread. 7.99

## Pizza

Crispy seasoned crust – Great as a starter to share!

 **Margherita** Fresh tomatoes, mozzarella, basil. 7.99 • **Chef's Pizza** Our chef's daily creation. 8.99  
**Foster's** Red peppers and goat cheese with fresh basil and mozzarella cheese. 8.99



## Fine Print

Foster's Boiler Room is a proud member of New Hampshire's Common Man Family of Restaurants.  
Directions, menus, gift cards, career opportunities and Company Store at [theCman.com](http://theCman.com)

Open - Foster's Boiler Room is open Monday and Tuesday from 4-11 p.m.  
and Wednesday through Sunday from 11:30-11 p.m. serving lunch and dinner!

Plastic - We accept Discover, American Express, Mastercard, Visa or any other previously negotiated form of exchange.

Oh, Yes! The State of NH has enjoined us to hold 9% from you, for them. What can we say?

Crowd Control - When there are six or more of you, we discourage separate checks to provide you with better service.

Air Control - All of our dining rooms are non-smoking.

Large Parties - We can accommodate you for meetings or gatherings. Just ask!

Our fry oil does not contain trans fats and we recycle it for our vehicles and furnaces!

We proudly recommend our NH-made Common Man Ale. Give it a try. We also serve non-alcoholic wine and beer.

Our Chefs and Management are "Serve Safe" certified by the National Restaurant Association.  
We use latex-free gloves in food preparation.

Please fill out a comment card today and sign up for our "Common Source" e-mail newsletter.

Visit the C-Man Company Store across the street from the Common Man in Ashland!

Enjoy dinner & a show at our Flying Monkey Movie House and Performance Center right here in Plymouth!  
See our schedule of live performances and purchase tickets at [flyingmonkeynh.com](http://flyingmonkeynh.com)

Join us for Sunday Brunch at our Concord and Windham Common Man restaurants  
and at Lakehouse on Lake Winnepesaukee in Meredith, NH.

We proudly serve Café Monte Alto coffee, roasted for us daily in Plymouth, NH. It is 100% Fair Trade and comes directly from family-owned farms in Peru. A portion of the proceeds from the sale of this coffee goes directly to Cooperu, Inc., an organization helping the many needy in Peru. To find out more, please go to [montealto.com](http://montealto.com).

The Common Man Family, since 1971 proudly serving...    

