# GLUTEN-FREE LUNCH

#### Starters

BAKED ONION SOUP Browned with Swiss. 5.99

MUSSELS Steamed with basil, white wine and cream. 9.99

**BLT FLATBREAD** Garlic-rubbed gluten-free crust topped with peppered bacon, baby spinach, roasted tomatoes, pesto aioli, mozzarella and Cheddar. 10.49

ESCARGOT A classic with our uncommon touch. 8,49

ALMOST ESCARGOT Mushroom caps baked in garlic herb butter and browned with Cheddar. 7.49

BACON-WRAPPED SHRIMP Skewered, bacon-wrapped jumbo shrimp drizzled with smoky aioli. 10.99

#### Salado

**UNCOMMON WEDGE** Half a Romaine heart, peppered bacon, red onion, heirloom cherry tomatoes, crumbled bleu cheese and bleu cheese dressing. 7.99

UNCOMMON SALAD Seasonal greens, house vinaigrette, Gorgonzola and candied hazelnuts. 6.49

CAESAR SALAD Romaine, Parmesan and house-made dressing. 6.49

COBB SALAD Mixed greens, bleu cheese dressing, peppered bacon, heirloom tomatoes, Gorgonzola, hard-boiled egg and avocado, 9.99

STEAK TIP SALAD\* Marinated and grilled steak tip k-bob served over mixed greens tossed with bleu cheese dressing. Topped with heirloom tomatoes, Gorgonzola and roasted portabello mushroom. 16.99

**SALMON BLT SALAD\*** Seasoned and pan-seared salmon served over mixed greens, kohlrabi, Brussels sprouts, broccoli, kale, carrots, peppered bacon, heirloom tomatoes, cucumbers and red onions. Tossed with white balsamic vinaigrette. 17.49

Add to any salad... Chicken 5. Steak Tip K-Bob\* 8. Bacon-Wrapped Shrimp 8.50 Salmon\* 8. Burger Patty\* 6.

#### Burgers

Our burgers are Aspen Ridge all-natural, certified humane, I 00% Angus beef. Served on GLUTEN-FREE ROLLS with lettuce, tomato and a side of potato salad.

**SMOKEHOUSE BURGER\*** Seasoned, char-grilled and topped with Cheddar, red onion jam, peppered bacon and smoky aioli. 14.99

COMMON MAN BEST BURGER\* Seasoned, char-grilled to perfection. 11.49 Add cheese. 1. ■ Add bacon. 1.50

BOURSIN BURGER\* Seasoned, char grilled and topped with Cheddar, bacon and our Boursin spread. 14.99

Meat Temperatures... Rare – red and cold I Medium Rare – red and warm I Medium – pink and warm with pink to edges

Medium Well – pink with grey to edges I Well – grey

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.

theCman.com

### Mid-Jay Favorites Smaller portions of our signature entrees.

NEW ENGLAND POT ROAST Slow-braised pot roast with mashed potatoes, braised vegetables and natural jus pan sauce. 11.99

PESTO HADDOCK Haddock topped with herb-marinated tomatoes and baby spinach. Drizzled with pesto. 13.99

PAN-SEARED SALMON\* Pastrami-spiced, pan-seared and finished with a whole grain mustard aioli. 15.49

QUINOA-STUFFED PEPPER Quinoa, fire-roasted tomatoes, corn, black beans and cilantro filling baked in a red pepper. Served with a verde tomatillo sauce and grilled lime. 12.99

Add... Chicken 5. ■ Steak Tip K-Bob\* 8. ■ Bacon-Wrapped Shrimp 8.50 ■ Salmon\* 8...

POLENTA & ROASTED VEGETABLE RAGU Roasted vegetables simmered in a tomato basil red wine sauce and topped with crispy Parmesan polenta, crumbled feta and basil pesto. 12.99

Add... Chicken 5. ■ Steak Tip K-Bob\* 8. ■ Bacon-Wrapped Shrimp 8.50 ■ Salmon\* 8.

## Signature Sandwiches Served with potato salad.

ULTIMATE BLT Peppered bacon, lettuce, tomato and pesto aioli on gluten-free bread. 10.99

GRILLED CHICKEN SANDWICH Grilled chicken breast topped with your choice of maple mustard glaze, hickory BBQ, or ranch dressing. Finished with Cheddar, bacon, lettuce, tomato and red onion on a gluten-free roll. 12,49

REUBEN Corned beef, Swiss, sauerkraut and Thousand Island dressing on gluten-free bread. 12.49

ABC TURKEY WRAP House-roasted, hand-sliced turkey breast, diced tomato, crispy bacon, scallions, avocado, baby greens and chipotle aioli in a gluten-free wrap. 12.49

CHICKEN TZATZIKI WRAP Grilled chicken, baby spinach, diced tomato, shaved red onion, feta and tzatziki sauce in a gluten-free wrap. 11.49

BLACKENED CHICKEN WRAP Grilled blackened chicken, chipotle ranch slaw, roasted corn, diced tomatoes and baby spinach in a gluten-free wrap. 11.49

CHICKEN WALDORF WRAP Roasted chicken mixed with apples, walnuts and grapes, tossed with a light tarragon dressing and served with baby greens in a gluten-free wrap. 10.99

#### Desserts

BROWNIE SUNDAE Our own gluten-free, salted caramel brownie, topped with Common Man-made vanilla ice cream, hot fudge, whipped cream and candied hazelnuts. 6.99

CRÈME BRÛLÉE Our rich rendition of the classic topped with a crisp sugar glaze. 6.99

stConsuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.















